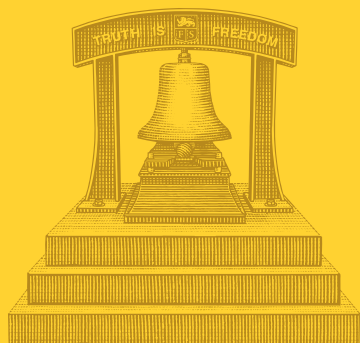


# FORMAN

SUMMER PROGRAM



JULY 3-28, 2023 · LITCHFIELD, CT  
FOR STUDENTS ENTERING GRADES 7-11

A dynamic balance of academics and recreation, Forman's four-week boarding and day program is designed as a boost: *inspiring, challenging, and empowering bright students who learn differently.*

Under the guidance of expert faculty and staff, students discover their unique learning style, develop effective and tactical classroom and study strategies, and gain lasting confidence in their abilities.







# Discover new potentials

Mornings are spent working with teachers in a tight-knit class setting, averaging six students per class. We build on individual strengths and address key challenges, leveraging best-in-class learning strategies and assistive technologies.

All students take three focused courses, which provide tailored instructions based on their unique learning profiles. Progress is documented in weekly digital reports.

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*Students per class*

6



## METACOGNITIVE STRATEGIES

Students learn *how* they learn and are introduced to studying strategies and step-by-step techniques that facilitate and enhance their individual learning process.

## EXECUTIVE FUNCTION SKILLS

Students develop a greater understanding about time management, sustained attention, impulse control, mental flexibility, and goal-directed persistence while acquiring specific strategies to meet their needs.

## MATH COMPREHENSION

Through differentiated instruction and a multi-sensory approach to problem solving, students build confidence and proficiency in a chosen area of pre-algebra, algebra I, algebra II, or geometry.

## READING I

Proven techniques like Orton-Gillingham and Wilson-based methods are utilized in this intensive course with no more than two students per class. Students also learn to navigate assistive technologies, expanding their access to literature and emboldening them to pursue higher-level inquiry.

## READING II & III

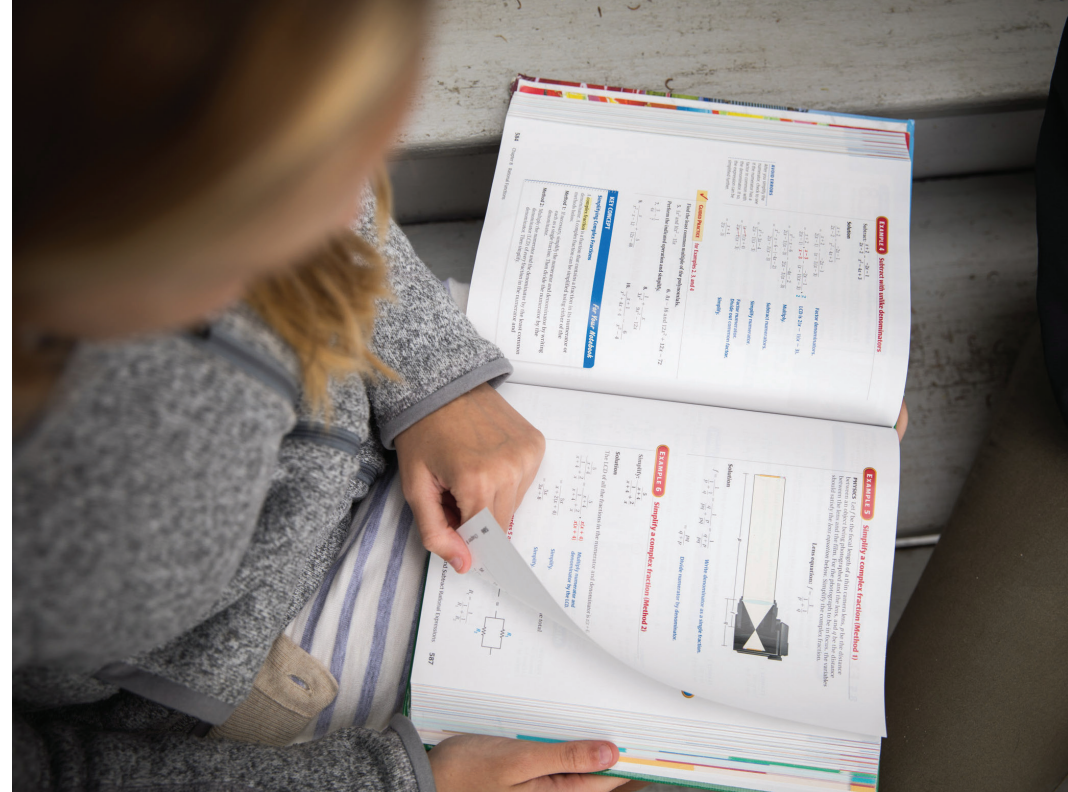
Reading comprehension strategies, note-taking skills, and vocabulary acquisition help students be more efficient and effective at processing information.

## WRITING

Through research-based methods, assistive technology, and outstanding teaching, students discover the process of unlocking their voice. The focus is on strengthening grammar and improving structural organization. Students enhance their ability to express themselves through writing—and find new pleasure in the process.

## ACT/SAT TEST PREP

Students build the confidence and skills to be more successful on the ACT and SAT by practicing test-taking strategies, as well as learning individualized practice tips.





8:00-8:30am	Breakfast
8:40-9:40am	A Block Class
9:50-10:50am	B Block Class
11:00-12:00pm	C Block Class
12:00-12:30pm	Lunch
12:30-1:00pm	Free Time
1:00-1:15pm	Assembly
1:30-2:20pm	Activity 1
2:30-3:20pm	Activity 2
3:30-4:20pm	Activity 3
4:30-5:20pm	Activity 4
5:30-6:00pm	Free Time
6:00-6:30pm	Dinner
6:30-7:30pm	Games on the Green
7:30-8:30pm	Community Events
8:30-9:30pm	Snack/Quiet Time
9:30-10:00pm	Lights Out



Students have access to Forman's lush, green Connecticut campus for leisure activities and future-ready classrooms equipped with the latest learning technology.



# Daily schedule

"Around every corner and through every door, opportunities that students with learning differences never thought possible are waiting to be discovered."  
- Current Forman Parent







# Explore new worlds

Afternoons are defined by each student's passion—the chance to deepen an existing one or discover new interests. Students participate in two to four activities of their choice daily. Our 125 acre campus—and local facilities—provides opportunities for golf, tennis, soccer, swimming, fishing, rock climbing, fitness training, boat building, and horseback riding. Our state-of-the-art Visual and Performing Arts Center offers ceramics, digital photography, jewelry making, video production, and more. Our program promotes confidence, new friendships, and having fun in the process.

Evenings are enriched with community events that nurture personal growth, positive mindset, and interpersonal skills. We help build an inclusive community via Monday Motivation with guest speakers, Tuesday Talk with Forman alumni, Wednesday Win with friendly competitions, Thursday Surprise, and Friday Fun.

The events are aligned with the Summer Program's weekly themes embedded in the academic components:

Week 1	Know Yourself (Self-awareness)
Week 2	Assist Yourself (Assistive technologies & strategies)
Week 3	Advocate for Yourself (Involvement & pursuit of deeper learning)
Week 4	Plan for Yourself (Task priority, goal setting, & action plans)

Weekends include on-and-off-campus activities, from sports to arts and team building. During Saturday expeditions, students enjoy the natural beauty of summer in Northwest Connecticut. Local destinations include theme parks, aquariums, and lakes. On Sundays, students have the option of trips to movies, shopping, or neighboring homemade ice cream shops.



# About Forman

Founded in 1930, Forman is a transformative boarding and day school for students with ADHD and dyslexia. Our science-led curriculum develops the whole student, and expert faculty adapt teaching to each student's unique learning profile. At every stage, we work to build confidence, independence, community, and self-advocacy.

Forman graduates are equipped with essential skills, from organization to deep research and strategic thinking. Our alumni have a 100% year-on-year-college acceptance rate, and pursue a diverse range of higher education and careers.



# Enroll

**ENROLL BY MARCH 1 AND RECEIVE A \$500 DISCOUNT.**

Contact Director of Admission Jaime Feinman at 860.567.1802  
or [admission@formanschool.org](mailto:admission@formanschool.org) for more information.

## Forman Summer Program 2023 Tuition

Boarding	\$9,800
Day	\$8,000





